



About Me

For Children Starting at an Archetype Approach Setting

We believe every child arrives with a story already unfolding—a way of being, feeling, and imagining that deserves to be honoured from the beginning. This form helps us understand your child's natural rhythm, relationships, and archetypal traits, so we can welcome them with wisdom and warmth.

Setting Details

- **Setting Name:** _____
- **Start Date:** ____ / ____ / _____

Child's Details

- **Full Name:** _____
- **Nickname(s):** _____
- **Date of Birth:** ____ / ____ / _____

Home Life

- **Where do you live? (village/town)** _____
- **Type of home:** HOUSE / FLAT / BUNGALOW / VAN / OTHER
- **Cultural or spiritual beliefs (if any):** _____
- **Who lives at home with your child (including pets)?**
- **What does your child love most about their home life?**
- **Are there elements of home life that seem to nurture their growth or joy?**
(e.g. time outdoors, rhythms, sibling play, music, projects)

Preferences & Daily Rhythms

- **Favourite indoor activity:** _____
- **Favourite outdoor space or activity:** _____
- **Favourite story or book:** _____
- **Favourite foods or snacks:** _____

- **Preferred drink:** _____
- **How do they usually eat?**
INDEPENDENTLY / WITH SOME HELP / NEEDS FULL SUPPORT
- **Dietary needs or allergies?**

- **Toileting habits:**
NAPPIES / POTTY TRAINING / INDEPENDENT
- **Do they nap during the day? YES / NO**
Time: _____ Duration: _____
- **Do they have a comforter or attachment object? YES / NO**
If yes, what is it? _____

Play & Personality

- **When playing, do they prefer:**
INDEPENDENT PLAY / ALONGSIDE OTHERS / INTERACTIVE PLAY
- **What types of play do they gravitate towards?**
 - Imaginative or role play
 - Creative or hands-on activities
 - Constructing or building
 - Physical and active play
 - Observing or studying details
 - Repeating routines or creating systems
 - Talking and making up stories
 - Helping and caring for others
- **Are there any sensory preferences or sensitivities (e.g. light, noise, textures)?**













- **How would you describe your child's personality in a few words?**

Archetype Reflections

We use archetypes to understand how children show up in the world—not just what they do, but how they feel and why they choose what they choose.

◆ The 12 Archetypes

Please tick any that you feel are currently present in your child's way of being (more than one is fine):

Archetype	Description (brief)	Tick
 The Helper	Caring, nurturing, notices others' needs	<input type="checkbox"/>
 The Joker	Brings humour, playfulness, and lightness	<input type="checkbox"/>
 The Rebel	Brave, questions rules, strong sense of fairness	<input type="checkbox"/>
 The Friend	Loyal, kind, builds connection with others	<input type="checkbox"/>
 The Imagineer	Lives in story, dreams big, plays in metaphor	<input type="checkbox"/>
 The Planner	Likes order, structure, and preparing things	<input type="checkbox"/>
 The Mover	Active, energetic, loves freedom and movement	<input type="checkbox"/>
 The Watcher	Deeply observant, thoughtful, notices small things	<input type="checkbox"/>
 The Explorer	Curious, adventurous, drawn to the unknown	<input type="checkbox"/>
 The Builder	Hands-on, constructive, loves making and fixing	<input type="checkbox"/>
 The Energy	Bold, expressive, animated, draws others in	<input type="checkbox"/>
 The Thinker	Analytical, ponders deeply, seeks understanding	<input type="checkbox"/>

Reflections (Optional but Encouraged)

- What kind of situations bring your child joy and energy?

- **When are they most peaceful or focused?**
- **Does your child express leadership, independence, or empathy? In what ways?**
- **Does your child talk about big ideas, fears, dreams, or imaginary worlds?**
- **What do you think your child is trying to tell the world through their play?**
- **If your child were a story character or animal, who might they be—and why?**
- **Are there any questions or ideas your child repeats often?**
- **Do they like routines or prefer spontaneity?**
- **Is there a memory or moment that really captures who they are?**

Anything Else You'd Like to Share?

(Any family context, experiences, or hopes you'd like us to hold gently in mind.)

Parent/Carer Details

- **Name:** _____
- **Relationship to Child:** _____
- **Date:** ____ / ____ / _____
- **Signature:** _____